

Job Title: Digital Content and Communications Intern

Working For: Naz Shah MP (Bradford West)

Location: Westminster, London

Length of Contract: Part-time, 3 days a week for 10 months (October 2026-July 2027)

Salary: £30,784 pro rata, to reflect London Living Wage

Job Details

Naz Shah, MP for Bradford West is looking for a committed and hard-working Digital Content and Communications Intern to support her in her Parliamentary duties. This role would be best for someone with impressive creative and digital skills, including social media and/or communications experience, and someone passionate about British politics.

You will be working in the heart of British politics, and will support Naz and her Westminster-based team to enhance Naz's digital presence and public communications. This will be a hands-on position, with the opportunity to learn more about life as an MP in Westminster.

This role will be 3 days a week, in-person in Westminster.

Key Responsibilities

- Create a content schedule covering key dates and time-relevant campaigns
- Help to deliver end-to-end digital content to promote Naz's work and campaigns, including short- and long-form video editing tailored to various social media platforms
- Accompany the MP to visits and events to capture compelling content
- Assist in producing a monthly digital newsletter
- Draft content for media, including press releases
- Monitor Naz's digital presence, including issues relevant to her constituency and campaigns
- Maintain a well-organised digital asset library (photos and video) on OneDrive or equivalent
- Ensure data protection compliance and maintain confidentiality at all times
- Undertake other responsibilities in relation to the MP's parliamentary duties

Ideal Skills and Experience

Please note: whilst we are looking for someone with experience in these fields, there is the opportunity to learn and develop these skills during the internship.

- Experience in digital and social media content creation
- Experience in and/or understanding of political campaigns

- Knowledge of current digital trends and marketing strategies to grow reach and engagement
- Experience with video and photo editing softwares (e.g. Canva, CapCut, Kapwing)
- Political awareness, and a decent understanding of current political issues
- Strategic thinking, exemplary time management and adaptability in a fast-changing environment
- Strong organisational skills and attention to detail
- AI fluency, including understanding the use of AI tools to improve delivery of day-to-day work
- Excellent written and spoken english
- Proficiency in Microsoft Office and relevant digital tools
- Able to work independently when required, and open to learning and adapting in the role
- Experience in politics is not necessary, but sympathy with the aims and principles of the Labour Party are essential

Application Closing Date: 9am, 24th September

Please note: We may close the application earlier than the proposed date if we receive a sufficient number of applications.

Interview Dates: 9:00am-5:00pm, 5th-7th October**Application Details**

1. Create an account at [Aziz Foundation Platform](#)
2. Click on Start Application
3. Choose 'Internships and Fellowships' from the Category drop down menu.
4. Choose 'Naz Shah MP's Office - Digital Content and Communications Internship' from the Category dropdown menu. Complete all sections.
5. In the 'personal statement' section you should explain what has motivated you to apply for the role, why you would be good, and how you meet the criteria.

Job Title: Parliamentary Research Intern

Working For: Naz Shah MP (Bradford West)

Location: Westminster, London

Length of Contract: Part-time, 3 days a week for 10 months (October 2026-July 2027)

Salary: £30,784 pro rata, to reflect London Living Wage

Job Details

Naz Shah, MP for Bradford West is looking for a committed and hard-working Parliamentary Research Intern to support her in her Parliamentary duties. This role would be best for someone with impressive research and organisational skills, and someone passionate about British politics.

You will be working in the heart of British politics, and will support Naz and her Westminster-based team to assist with Naz's schedule and campaigns. This will be a hands-on position, with the opportunity to learn more about life as an MP in Westminster.

This role will be 3 days a week, in-person in Westminster.

Key Responsibilities

- Conduct parliamentary and policy research on local, national and international issues
- Draft briefing notes, parliamentary questions, reports, and speeches
- Monitor debates, policies and campaigns relevant to Naz's work
- Assist with casework and constituency matters
- Liaise with stakeholders and external organisations
- Assist in producing a monthly digital newsletter
- Attend and support meetings and events (sometimes outside normal working hours)
- Ensure data protection compliance and maintain confidentiality at all times
- Undertake other responsibilities in relation to the MP's parliamentary duties

Ideal Skills and Experience

Please note: whilst we are looking for someone with experience in these fields, there is the opportunity to learn and develop these skills during the internship.

- Strong research and analytical skills, with critical thinking abilities
- Political awareness, and a decent understanding of current political issues
- Experience in and/or understanding of political campaigns
- Strategic thinking, exemplary time management and adaptability in a fast-changing environment
- Strong organisational skills and attention to detail

- AI fluency, including understanding the use of AI tools to improve delivery of day-to-day work
- Proficiency in Microsoft Office and relevant digital tools
- Excellent written and spoken english
- Able to work independently when required, and open to learning and adapting in the role
- Experience in politics is not necessary, but sympathy with the aims and principles of the Labour Party are essential

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2. Click on Start Application
3. Choose 'Internships and Fellowships' from the Category drop down menu.
4. Choose 'Naz Shah MP's Office - Parliamentary Research Internship' from the Category dropdown menu. Complete all sections.
5. In the 'personal statement' section you should explain what has motivated you to apply for the role, why you would be good, and how you meet the criteria.